



## Midland Public Schools Staff Menu WINTER

Place orders On MPS website Employees Tab Lunch Section	DAILY CHOICES				
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Sandwich, Wrap, and Salad Meals \$4.85</b> <b>Includes Milk Choice</b>	<b>Turkey Club Wrap</b> Sliced Deli Turkey on a tortilla wrap, with lettuce and tomato. Served with mayo on the side, fresh grapes, and baby carrots with ranch for dipping.	<b>Turkey Apple and Swiss</b> Sliced deli turkey, Swiss cheese, fresh apples and lettuce on cranberry walnut bread. Honey mustard aioli, fresh fruit and baked chips on the side.	<b>Chicken Salad Croissant</b> Fresh chicken salad on a buttery croissant, topped with lettuce and tomato, fresh grapes and baked chips are on the side.	<b>Ham &amp; Swiss Pretzel</b> A pretzel bun with sliced deli ham, Swiss cheese, lettuce & tomato. Honey Mustard aioli, fresh fruit and baked chips on the side.	<b>Egg Salad Croissant</b> Fresh, homemade egg salad served on a buttery croissant with lettuce and sliced tomato. Fresh fruit and baby carrots with ranch are included.
<b>Sandwich, Wrap, and Salad Meals \$4.85</b> <b>Includes Milk Choice</b>	<b>Chef Salad</b> Lettuce mix topped with fresh cut deli turkey and ham, cheddar cheese, tomatoes, cucumbers and croutons. Ranch Dressing, fresh grapes and bread stick on the side.	<b>Chicken Caesar Salad</b> Lettuce mix topped with grilled chicken, parmesan cheese, tomatoes, cucumbers, carrots, & croutons. Caesar Dressing, bread stick and fresh fruit on the side	<b>Winter Salad</b> Lettuce mix topped with grilled chicken, diced apples, feta cheese and walnut pieces. Raspberry vinaigrette, bread stick and an orange on the side.	<b>Greek Salad</b> Lettuce mix topped with feta cheese, black olives, red onions, tomatoes and pepper rings. Greek dressing, seasoned flat bread and grapes on the side.	<b>Chicken Fiesta Salad</b> Lettuce mix topped with shredded cheddar cheese, black bean & corn salsa, grilled chicken and avocado. Chipotle ranch dressing, corn chips and an apple on the side.
<b>Hummus Meal \$4.85</b> <b>Includes choice of milk</b>	<b>Hummus with Fresh Veggies</b> Hummus, fresh vegetables, and baked pita triangles. Served with fresh fruit.	<b>Hummus with Fresh Veggies</b> Hummus, fresh vegetables, and baked pita triangles. Served with fresh fruit.	<b>Hummus with Fresh Veggies</b> Hummus, fresh vegetables, and baked pita triangles. Served with fresh fruit.	<b>Hummus with Fresh Veggies</b> Hummus, fresh vegetables, and baked pita triangles. Served with fresh fruit.	<b>Hummus with Fresh Veggies</b> Hummus, fresh vegetables, and baked pita triangles. Served with fresh fruit.
<b>Ala Carte Offerings Daily</b>	Chili with beans 12oz Bowl of Soup \$3.00  Fresh Fruit Cup \$4.00  Cheese Cubes, Crackers & Grapes \$3.25  Yogurt Parfait \$3.25  Jumbo Chocolate Chip Cookie \$1.00  20oz Water-\$1.50 20oz Dt. Coke \$1.50  Spinach & Cranberry Side Salad \$2.75	Broccoli Cheese 12oz Bowl of Soup \$3.00  Fresh Fruit Cup \$4.00  Cheese Cubes, Crackers & Grapes \$3.25  Yogurt Parfait \$3.25  Jumbo Chocolate Chip Cookie \$1.00  20oz Water-\$1.50 20oz Dt. Coke \$1.50  Spinach & Strawberry Side Salad \$2.75	Loaded chicken potato 12oz Bowl of Soup \$3.00  Fresh Fruit Cup \$4.00  Cheese Cubes, Crackers & Grapes \$3.25  Yogurt Parfait \$3.25  Jumbo Chocolate Chip Cookie \$1.00  20oz Water-\$1.50 20oz Dt. Coke \$1.50  Spinach & Cranberry Side Salad \$2.75	Chicken noodle 12oz Bowl of Soup \$3.00  Fresh Fruit Cup \$4.00  Cheese Cubes, Crackers & Grapes \$3.25  Yogurt Parfait \$3.25  Jumbo Chocolate Chip Cookie \$1.00  20oz Water-\$1.50 20oz Dt. Coke \$1.50  Spinach & Strawberry Side Salad \$2.75	Vegetable beef barley 12oz Bowl of Soup \$3.00  Fresh Fruit Cup \$4.00  Cheese Cubes, Crackers & Grapes \$3.25  Yogurt Parfait \$3.25  Jumbo Chocolate Chip Cookie \$1.00  20oz Water-\$1.50 20oz Dt. Coke \$1.50  Spinach & Cranberry Side Salad \$2.75

Call MPS production kitchen at 923-5193 if questions regarding staff lunch purchases.  
Place orders from MPS website-Employees Tab- Staff lunch's section